

BREAST CANCER SURVIVAL CENTER

A Non-Profit Organization Providing
Post-Treatment Support and
Education for Breast Cancer
Survivors and their Families

*Regional Summit Sept. 15
Mercy Center, Madison CT*



Please let us know of others who
would like to receive this quarterly
newsletter.

*Editor's Note: We cannot provide
medical advice. Consultation with
your doctor is your best source of
medical information.*

PO Box 701
Fairfield, CT 06824
(203) 857-7304
cancersurvival@aol.com
www.breastcancersurvival.org

Inspiration: Tequila and Salt

*This should probably be taped
to your bathroom mirror where
one could read it every day.*

*You may not realize it, but it's
100% true.*

1. There are at least two people in this world that you would die for.
2. At least 15 people in this world love you in some way.
3. The only reason anyone would ever hate you is because they want to be just like you.
4. A smile from you can bring happiness to anyone, even if they don't like you.
5. Every night, SOMEONE thinks about you before they go to sleep.

6. You mean the world to someone.
7. You are special and unique.
8. Someone that you don't even know exists loves you.
9. When you make the biggest mistake ever, something good comes from it.
- 10 When you think the world has turned its back on you take another look.
- 11 Always remember the compliments you received. Forget about the rude remarks.

So.....

If you are a loving friend, send this to everyone,

And always remember....

when life hands you Lemons,
ask for Tequila and Salt and
call me over.

Good friends are like stars.....

You don't always see them,

But you know they are always
there.

Whenever God Closes One
Door He Always Opens
Another, Even Though
Sometimes It's Hell in the
Hallway

--Submitted by Laura Festo

Fall Preview Issue

Breast Cancer Survival Center

Providing Post-Treatment Support and Education

Sept. 2007 Volume 8, Number 2

www.breastcancersurvival.org

Coming Events

First Annual Nine-State Summit For Survivors, Caregivers, and Healthcare Professionals

In collaboration with the Lance Armstrong Foundation

Saturday, September 15, 9 a.m. - 4 p.m.

Mercy Center by the Sea, Madison, CT.

Registration information:

www.canceradvocatescoalition.org

Fairfield County Women's Center-BCSC Open House

September 19, 10 a.m. - 4 p.m.

Room 116, West Campus, Norwalk
Community College

Chat and Chew/Special Speaker Series

6 p.m., Fairfield County Women's Center,
Norwalk Community College

Tuesday, October 9

Fall Get-Acquainted Session

Tuesday, October 23

Latest Techniques for Early Detection of
Breast Cancer

Presenter: Carlos G. Forcade, M.D.

Board-certified interventional radiologist,

Northern Westchester Hospital, Mt. Kisco, NY

Additional Chat and Chew Dates:

November 13, 27, December 11

Celebrate Life! Fashion Show and Brunch

Sunday, October 14, noon-2:30 p.m.

Shore and Country Club, East Norwalk

Breast Cancer Awareness Ceremonies

October 18, 6:30 p.m., Milford City Hall

October 22, 6:30 p.m. Westport Town Hall

**October 28, 7 p.m., St. Joseph College, West
Hartford**

Weekend Survivors' Retreat

October 26-28

Mercy Center, Madison, CT

Controversies in Women's Health, 2007

Panel discussion, presented in collaboration
with the Wilton Woman's Club

November 5, 7 p.m., Wilton Public Library

Special guest speaker: Barbara Ward, M.D.,
Greenwich Hospital Breast Care Center

Information--Voice: 203-857-7304, e-mail:
cancersurvival@aol.com, or see us on the web
at: www.breastcancersurvival.org. Thanks to
Novartis Oncology and the Westport Young
Woman's League for generously underwriting
this edition of our newsletter.

All Welcome to September 19 Open House

Happy Fall.

As you can see from our calendar of events, we have lots of things happening in the next few months. So we decided to do a special issue of our newsletter, and include registration forms and invitations for as many events as possible. Come to as many as you can. We'll be glad to see you.

One of the things we are most excited about is the appointment of Bernice Marie-Daly, Ph.D., as the new Director of our "home" at Norwalk Community College (NCC), the Fairfield County Women's Center (FCWC).

Bernice has been an adjunct professor at NCC and at Fairfield University for 14 years, teaching interdisciplinary classes in women's studies, ethics and world religions.

As a Core Energetics Practitioner, Bernice facilitates personal process work with people seeking greater self-awareness, creativity and joy.

"One of things I'm looking forward to the most in my new position," Bernice said, "is the opportunity to meet and work with so many extraordinary women. Susan Santangelo and I met in August to discuss ways we can work more closely to offer needed services to women throughout Fairfield County. I am pleased that FCWC will continue to host The Breast Cancer Survival Center's bimonthly meetings and anticipate an exciting future of mutual support and collaboration."

FCWC is a comfortable and confidential place where women of the college and community come to receive encouragement, empowerment and support. The mission of The Fairfield County Women's Center, in partnership with the Norwalk Community College Foundation, is to promote the advancement of women through

educational programs and resources that increase awareness of women's issues in the college, workplace, and home. FCWC offers mini-workshops, special events, mentoring programs, a referral service and monthly gatherings all designed to meet the on-going needs of the women of the college and community. We're so pleased to call it our home and look forward to seeing many survivors at our joint open house on September 19, 10 am- 4 pm.

Survivors to Model at October 14 Celebrate Life! Fashion Show



Survivors, their family and friends will gather at the Shore and Country Club in East Norwalk, CT, for the eighth annual Breast Cancer Survival Center *Celebrate Life!* fashion show and brunch.

Superstar Models who are survivors of breast cancer will model fashions from Talbots in Westport.

This is also our major fundraiser of the year.

It takes place Sunday, October 14, 2007, from 12:00 to 2:30 p.m. at The Shore and Country Club, Gregory Point, East Norwalk, Connecticut.

Hope to see you there.

The Breast Cancer Survival Center

Cordially Invites You to Attend

Celebrate Life!

Brunch and Fashion Show

Superstar Models: Survivors of Breast Cancer

Fashions: Talbots in Westport

Sunday, October 14, 2007

12:00 to 2:30 p.m.

The Shore and Country Club

Gregory Point

East Norwalk, Connecticut

Corporate Table: \$750

Individual Tickets: \$60

R.S.V.P. by October 5, 2007

Reservations will be held at the door. Tax deductible to the extent allowed by law.

Dear Friend,

Every guest at the Breast Cancer Survival Center fashion show will receive a program of the event. In support of our fundraising efforts, we are gratefully accepting tribute ads for this program, allowing businesses, friends and families to share their words of hope, pride, joy, thanksgiving and encouragement in honor of this year's fashion models and other breast cancer survivors.

The program size is 7-1/4 by 10 inches. A full-page ad is \$350; a half-page (7 1/4 by 5) is \$250; a quarter-page ad (3 1/2 by 5) is \$150. Business card size is \$50. The inside front cover and inside back cover is \$400 each. The prominent back cover position is available for \$500.

For those who wish to join our Well Wisher page, we will list your name on this special page for \$35 per individual or family name. (For example, The Smith Family, in Honor of Mary Smith.)

Yes, I would like to place an ad in the Celebrate Life! Program. Please check one:

- Full Page Ad: \$350
- Half Page Ad: \$250
- Quarter Page Ad: \$150
- Business Card: \$50
- Well Wisher Page: \$35; Name** _____
- in honor of** _____
- Back Cover Ad: \$500 (Honored on first-come basis)
- Inside Front or Inside Back Cover Ad: \$400

Amount Enclosed \$ _____
(Ads fully tax deductible as allowed by law.) Camera-ready art work is most appreciated if at all possible. Or type or print clearly. Copy ad deadline: September 25, 2007.

Please make ___ reservation(s) at \$60 per person
Corporate Table of 8 at \$750 per table (includes program recognition and ad)
I am attending in honor of _____ (name of model)
I cannot attend but have enclosed a contribution to help breast cancer survivors
Please seat me with: _____

Name _____
Address _____
City, State, Zip _____
Phone _____ E-mail _____

Please make checks payable to Breast Cancer Survival Center and mail to Susan Santangelo, BCSC, 4 Drummers Trail, Old Saybrook, CT 06475. For further information, please call (203) 857-7304, or e-mail cancersurvival@aol.com.

Yes, I want to be a Culinary Angel.

Name _____
Company _____
Address _____
City, State, Zip _____
Phone _____
E-mail _____

Please make check to **Breast Cancer Survival Center** and mail to Susan Santangelo, BCSC, 4 Drummers Trail, Old Saybrook, CT 06475. For information, (203) 857-7304, e-mail: cancersurvival@aol.com

Culinary Angels Needed

Will you be a Culinary Angel for the Breast Cancer Survival Center's annual ***Celebrate Life!*** fashion show and brunch?

For more than seven years, the Breast Cancer Survival Center has been the only non-profit direct-service organization in the state of Connecticut, and one of only a handful in the country, exclusively devoted to providing post-treatment education and support for breast cancer survivors and those who love them.

We provide safe, confidential meeting places where survivors, their families and friends can join with others to build emotional support after treatment ends. Free of charge and non-profit, BCSC has led the way in recognizing that the need for education and information does not end when treatment ends. For many survivors, that is only the beginning of the journey.

As you may know, our all-volunteer organization is totally dependent on financial support from donors such as you. This year we need your help more than ever before, as the demands for expansion of our program continue.

Celebrate Life! is our primary fundraiser of the year. We are asking supporters such as you, who believe in the importance of providing support and education for survivors, to be Culinary Angels for our event with a contribution of \$500.

The Breast Cancer Survival Center is very grateful for your past contributions.

Your \$500 donation is completely tax-deductible, and will help cover our costs for this event. All Culinary Angels will be acknowledged prominently in our program and publicity. Thank you for your kindness and generosity. We can't do it without you.



Presents

7th Annual Weekend Retreat
 for Breast Cancer Survivors
 Fri. eve. Oct 26, - Sun. morning Oct. 28
 SeaScape
 The Mercy Center at Madison
 Madison, CT

Held on the shores of Long Island Sound, this retreat provides a relaxing, supportive and informal setting where Breast Cancer Survivors can reflect and talk about any issue or concern they may have following the completion of their treatment.

Coordinators: Nina Marino, LCSW, and Lee Ann Fallet, MA, CRC, OTR/L.

For the past six years, Lee and Nina have been planning and leading retreats for the BCSC that have allowed participants to identify and explore opportunities for healing, self- discovery and personal growth in unique and creative ways.

Registration Fee: \$250 (includes two nights single-room lodging, six meals and all retreat activities.)

Registration Deadline: October 1, 2007 (space is limited)

For more information, please call 203-857-7304; e-mail us at cancersurvival2@aol.com or visit our web site www.breastcancersurvival.org

To register: please complete this form and mail with \$250 registration fee to: Lee Fallet, BCSC, 140 Ingleside Road, Fairfield, CT 06824-1908. Please make checks payable to BCSC.

Name _____

Address _____

Phone (Home) _____ **(Cell)** _____

E-Mail _____

Celebrate Life!

Breast Cancer Awareness Month

Honor Those Who Have Been Diagnosed with Breast Cancer

Sponsored by the Breast Cancer Survival Center

www.breastcancersurvival.org

October 18, New Haven County ceremony, Milford City Hall

October 22, Fairfield County concert and candlelighting, Westport Town Hall

October 28, Hartford County ceremony, St. Joseph College, W. Hartford

Milford:

6:30 p.m. Check-in
7:00 p.m. Candle-lighting
and reading of names

Westport:

6:45 p.m. Check-in
7:00 p.m. Concert
8:00 p.m. Reading of names

West Hartford:

7:00 p.m. Liturgy
7:45 p.m. Reading of names

Donation: \$5.00 per candle Additional Donation to Help Survivors \$_____

In Honor of: _____

(Please Print Clearly)

Address _____

In Memory of: _____

Please read name(s) at: Milford, Westport, West Hartford

Requested by: _____

Address _____

Please make donations payable, and mail with this completed form, to:

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Old Saybrook, CT 06475
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